

**PRVI INTERNACIONALNI KONGRES DJEČJE I
ADOLESCENTNE PSIHOTERAPIJE**

**"Mjesto psihoterapije u očuvanju zdravlja i
dobrobiti djece i adolescenata"**

Sarajevo, Hotel Hills, 18. - 21. oktobar 2018. godine



**FIRST INTERNATIONAL CONGRESS OF CHILD AND
ADOLESCENT PSYCHOTHERAPY**

**"Role of psychotherapy in achieving health and
well-being for children and adolescents"**

Sarajevo, Hotel Hills, 18th - 21st October 2018

**ZAKLJUČCI PRVOG INTERNACIONALNOG KONGRESA
DJEČJE I ADOLESCENTNE PSIHOTERAPIJE "Mjesto
psihoterapije u očuvanju zdravlja i dobrobiti djece i
adolescenata"**

Kongres u organizaciji BHIDAPA-e i u partnerstvu sa UNICEF-om okupio je preko 400 učesnika i preko 100 predavača iz različitih oblasti, a svi okupljeni oko zajedničke ideje očuvanja zdravlja i dobrobiti djece i mladih. Kongres je bio usmjeren na naglašavanje značaja i važnosti edukacije za stručnjake koji rade sa djecom i mladima, posebice vezano uz suradnju različitih profila stručnjaka, obitelji i društva u cjelini.

U nastavku su i zaključci ove četverodnevne aktivnosti:

1. Stručnjaci koji rade tretman djece i adolescenata zahtijevaju posebnu obučenost sukladno Strasburškoj deklaraciji o psihoterapiji, a koja vrlo jasno definiše uvjete za zvanje psihoterapeuta, oblike edukacije sa posebnim naglaskom na osobnoj terapiji i superviziji, a kada se radi o djeci i adolescentima sa naglaskom na razlike u odnosu na psihoterapiju odraslih kako u odnosu na težinu rada tako i svjesnost važnosti rada za budućnost djece i svake osobe, obitelji i naroda
2. Naglašena je potreba istraživanja, te usklađivanje znanstvenih pristupa kako bi se dobio optimalan pristup djeci i adolescentima, te je preporučeno povezivanje BiH s COST-om (Evropskom kooperacijom za znanost i tehnologiju) na polju dječje i adolescentne psihoterapije
3. U skladu sa prethodnim zaključkom, naglašena je potreba izrade i primjene jedinstvenih kriterija za procjenu, prepoznavanje i tretman djece i adolescenata na svim razinama od obitelji, škola do zdravstvenih ustanova
4. Pokretanje akcije na razini svih ministarstava za organiziranjem specijalizacija za osobe koje rade sa djecom i adolescentima, a sa aspekta njihovih profesija sa posebnim naglaskom na pravosuđe
5. Postoji potreba da se na razini svih ministarstava prilikom planiranja usluga iz svoga domena (zdravstvo, socijalna politika, obrazovanje, pravda, policija) zbog specifičnosti rada sa djecom i adolescentima obezbijedi kadar educiran za rad sa

**THE CONCLUSIONS OF THE OF THE FIRST INTERNATIONAL
CONGRESS OF CHILD AND ADOLESCENT PSYCHOTHERAPY
WITH THE TOPIC "Role of psychotherapy in achieving health
and well-being for children and adolescents"**

The Congress, organized by the Bosnian-Herzegovinian Integrative Child and Adolescent Psychotherapy Association - BHIDAPA in partnership with UNICEF, has gathered over 400 participants and 100 lecturers in various fields around the unified idea of achieving health and well-being for children and adolescents. The Congress aimed to emphasize the importance and relevance of an education for the experts who work with children and youth, especially with regard to the cooperation of different profiles of experts, families and society as a whole.

The Conclusions of this four days activity are as follows:

1. The experts who treat children and adolescents are required to be educated in line with Strasbourg Declaration on Psychotherapy and its clear definition of conditions for the psychotherapist title, type of education with special emphasis on the psychotherapy for and supervision of psychotherapists and in the case of psychotherapy for children and adolescents with emphasis on specificities comparing with psychotherapy for adults, considering demandingness of the work as well as awareness of importance of the work for the future of the children, of each person, family and nation.
2. The need for research and alignment of scientific methodologies to accomplish optimal approach to children and adolescents is emphasized and associating Bosnia and Herzegovina with COST (European Cooperation in Science and Technology) in the field of psychotherapy for children and adolescents is recommended.
3. Regarding the previous conclusion the need to create and apply unified criteria for the assessment, recognition and treatment for children and adolescents at all levels, from family and school to healthcare institutions, is being emphasized.
4. Initiate the activities at the level of all relevant ministries and organize specialization for the persons who work with children and adolescents, considering their professions, with a special emphasis on the judiciary.
5. All relevant ministries should at the stage of planning the services in their own domain (healthcare, social care, education, judiciary, police), due to the specificity of work with children and adolescents, ensure that the staff is educated for work with children and adolescents and that services for children and adolescents are separated from the services for adults.



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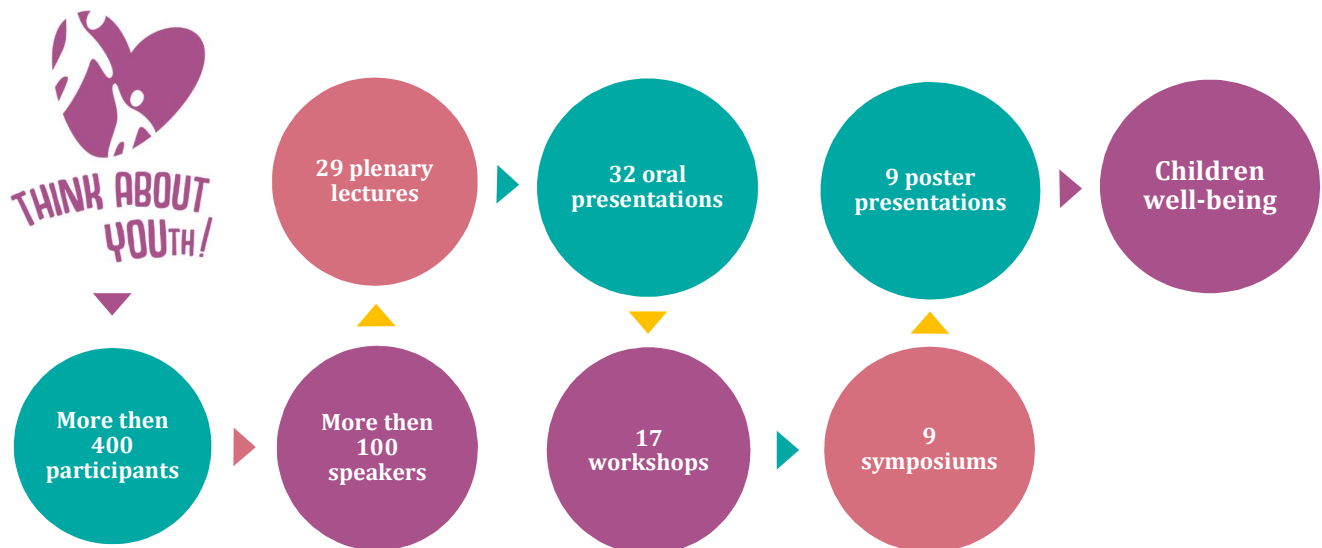
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djecom i da službe za rad sa djecom budu odvojene
od službi za rad sa odraslim radi specifičnosti posla

6. Posebno je naglašena potreba za povezivanjem stručnjaka raznih profesija koji rade sa djecom što uključuje od zajedničkih edukacija sa ciljem upoznavanja specifičnosti rada svake profesije, izrade zajedničkih pristupa, sastanaka i aktivnosti na razini lokalnih zajednica i država u cjelini
7. U radu je važno držati se kriterija navedenih u Deklaraciji o pravima djece kao i jasno definiranih pristupa WHO o primarnoj, sekundarnoj i tercijarnoj prevenciji
8. Potrebno je u obrazovnom sustavu uvesti edukacije iz oblasti zdravlja, kako iz oblasti mentalnog zdravlja tako iz oblasti seksualnog reproduktivnog zdravlja, ali i drugih zdravstvenih oblasti bitnih za razvoj mentalnoga zdravlja
9. Kampanja „Vrijedni pažnje“ predstavljena je tokom Kongresa usmjeravajući pozornost na probleme zanemarene djece i zahvaljujući World Vision BiH lansirana je globalna kampanja protiv zanemarivanja djece pod nazivom "Potreban je cijeli svijet da zaustavimo nasilje nad djecom"
6. Particularly the need to connect the experts who work with children and adolescents is emphasized, including joint education aiming familiarizing with specificities of each profession's work, preparation of common approaches, meetings and activities at the level of local communities and countries at whole.
7. The work should be aligned with the criteria stated in the Declaration of the Rights of the Child and with the approaches to prime, secondary and tertiary prevention clearly defined by World Health Organization (WHO).
8. The education on health in general, mental health and sexual reproductive health should be introduced in educational system including education on other healthcare subjects relevant for mental health.
9. The campaign "No More Invisible" launched at the Congress by World Vision in Bosnia and Herzegovina, within their global campaign "It Takes a World to End Violence Against Children", raised public awareness of the problem of child neglect and abuse in Bosnia and Herzegovina.



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